

## Efergy energy saving monitors

Use this monitoring sheet to record you weekly and electricity consumption.

Using the monitor button on your Efergy monitor, try and see how much you can reduce your electricity bill by.

Week	kW	KWH – daily average	£ saving s	KgCO <sub>2</sub>	What have you tried to do this week to reduce your energy consumption
<i>e.g. Week 1</i>	<i>1,051</i>	<i>10,511</i>	<i>36.32</i>	<i>90.21</i>	<i>e.g. Installed three energy saving light bulbs# e.g. Switched the TV off standby e.g. Unplugged all unused appliances e.g. Reduced the amount of appliances I use</i>
Week 1					
Week 2					
Week 3					
Week 4					

Now try and monitor and improve on 3 weeks worth of energy! Why not loan out the Efergy meter again and try monitor any changes you might have made and how much money you have saved!

Time period	KW	KWH	£ savings	kgCO <sub>2</sub>	What have you tried to do this month to reduce your energy consumption
<i>Monthly</i>	<i>1,051</i>	<i>10,511</i>	<i>56.32</i>	<i>90.21</i>	<i>Bought an A-rated fridge freezer, light bulbs, turned things off standby.</i>