

Peterborough Day Services

Fletton Avenue
17 Fletton Avenue
Peterborough



01733 319954



Peterborough Community Services
PETERBOROUGH
CITY COUNCIL

17 Fletton Avenue is a Day Centre for Adults with Learning Difficulties based in Fletton, catering for adults aged 18 years and upwards. Our day service is available weekdays between 9.00 am to 4.00pm with a choice of how many days you wish access the centre.



Activities on offer are numerous including sailing, bowling, swimming, arts and crafts lunch clubs as well as a stunning sensory room. If you would like to contact us for an informal discussion please ring Mrs Cheryl Toshack on 01733 319954 or email her on cheryl.toshack@peterboroughpct.nhs.uk.



Peterborough Day Services

Lincoln Road
49 Lincoln Road
Peterborough

01733 746307



Peterborough Community Services



49 Lincoln Road Peterborough is a drop-in service for Adults with Learning Disabilities in Peterborough. Opening hours are 9.00 to 4.00 Monday to Friday. Contact details, Julie Hamer –Skelton. Manager on 01733 746506/7



The drop in service enables people to discuss their present lifestyle make future plans, encourages and supports people to access their community's facilities and services. Where appropriate, advice is also available on benefits, bills and budgeting.

Support staff meet people either on their own or in groups to promote healthy lifestyles. This covers healthy eating, woman's health and helping people with advice from other professionals. We also run a mens group on a Tuesday. The drop-in also provides a safe haven for people to come and talk to their keyworker or just to chat and have a tea or coffee with their friends. Please ring Julie Hamer-Skelton on 01733 746507 for more information



Peterborough Day Services Cont...

Bretton Resource Centre
Rightwell
Bretton
Peterborough



01733 746570



Bretton Resource Centre

Bretton Resource Centre (also known as the Kingfisher Centre) is a day opportunities service based at the Cresset in Bretton. We offer support to adults with learning disabilities, aged 18 years and upwards on weekdays between 9.00am and 4.00pm.



Some people use the centre to drop in for advice or to meet up with friends, while others attend every day. Our off-site activities include college courses, sailability, swimming and karting, whilst at the centre we have a media base, kitchen, sensory room and other general activity rooms.

Working closely with other professionals, such as occupational therapists, physiotherapists, Westcombe Supported Employment Services and Goldhay Arts, the centre can offer a tailor-made service to meet individual needs.

For more information, please contact the manager, Debbie Hembrow on 01733 746570

