

Community Groups
www.peterborough.gov.uk/pastonfarmadventurecentre

| Activity | | Type of Session | Group Size | Length of Session | Cost | Other Information Relating to Activity |
|--------------------------|---|------------------------|-------------------|--------------------------|----------------------------|---|
| High Ropes | Agility, communication and holding your nerve will come into play as you reach heights of up to 30ft off the ground! Consisting of several elements such as Leap of Faith, Jacobs Ladder, Crate Stack and many more. Amaze yourself and friends as you scale this course. | Taster | 12 | 2 hours | £100 | Introductory session |
| High Ropes | | Three sessions | 12 | 3 hours | £375 (£125 per session) | In-depth sessions taught how to belay (rope securing) A team building exercise |
| Archery | Improve your dexterity by learning to shoot a real bow and arrow. Over the course of the session, your precision will surely improve, as well as your patience, unless you're Robin Hood in disguise and you never miss! | Taster | 12 | 2 hours | £80 | Introductory session |
| Archery | | Three sessions | 12 | 2 hours | £210 (£70 per session) | More in-depth sessions – improve techniques |
| Low Ropes | The High Ropes little brother; this course will help you to improve your balance as you try to make it round. Perfect for all ages, it is a great confidence builder. | One session | 12 | 1 hour | £50 | Team building and communication skills |
| Indoor Transverse | Bring out your inner monkey as you traverse across this indoor wall with purpose built | One session | 12 | 1 hour | £50 | |

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| Wall | holds for you to cling onto. Not a test of nerves as you will only be at most 4ft from the safety mats below, this activity will make you work on your agility and co-ordination as you try to reach the finish. You will be happy to make it, as it will physically challenge you too. | | | | | |
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The following activities are also available for booking of up to 12 participants:

Peg pole transverse wall

Using wooden pegs, your group will need to make its way from one side of the wall to the other, making sure not to fall in the ditch below. Teamwork is key for this activity as you won't have many pegs. Designed to test your powers of communication and planning. Lookout for each other...

3D maze

Problem solving

Children are set a number of problem solving exercises to complete as a team which are designed to help them develop teamwork, initiative and leadership skills.

Trim trail

Slippery slope

20m of slippery fun! Sitting on a rubber ring, start at the top and be pushed, spun, or just slide at your own pace to the bottom. Nothing to learn here, just fun fun fun!

Aerial runway

One hour session £50 Two hour session £80

Please telephone or email to discuss your requirements and confirm availability

PLEASE NOTE: VAT will be added to the above costs

Receive 25% off today

when you book any activity before December 24th 2009 at Paston Farm Adventure Centre