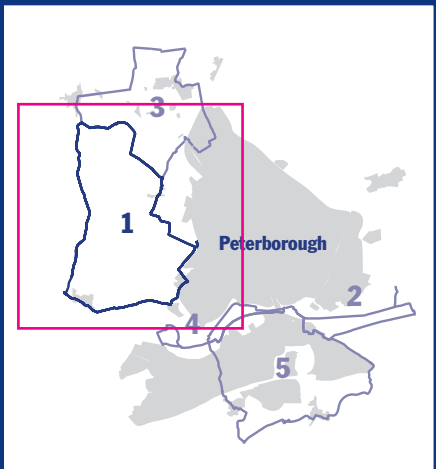
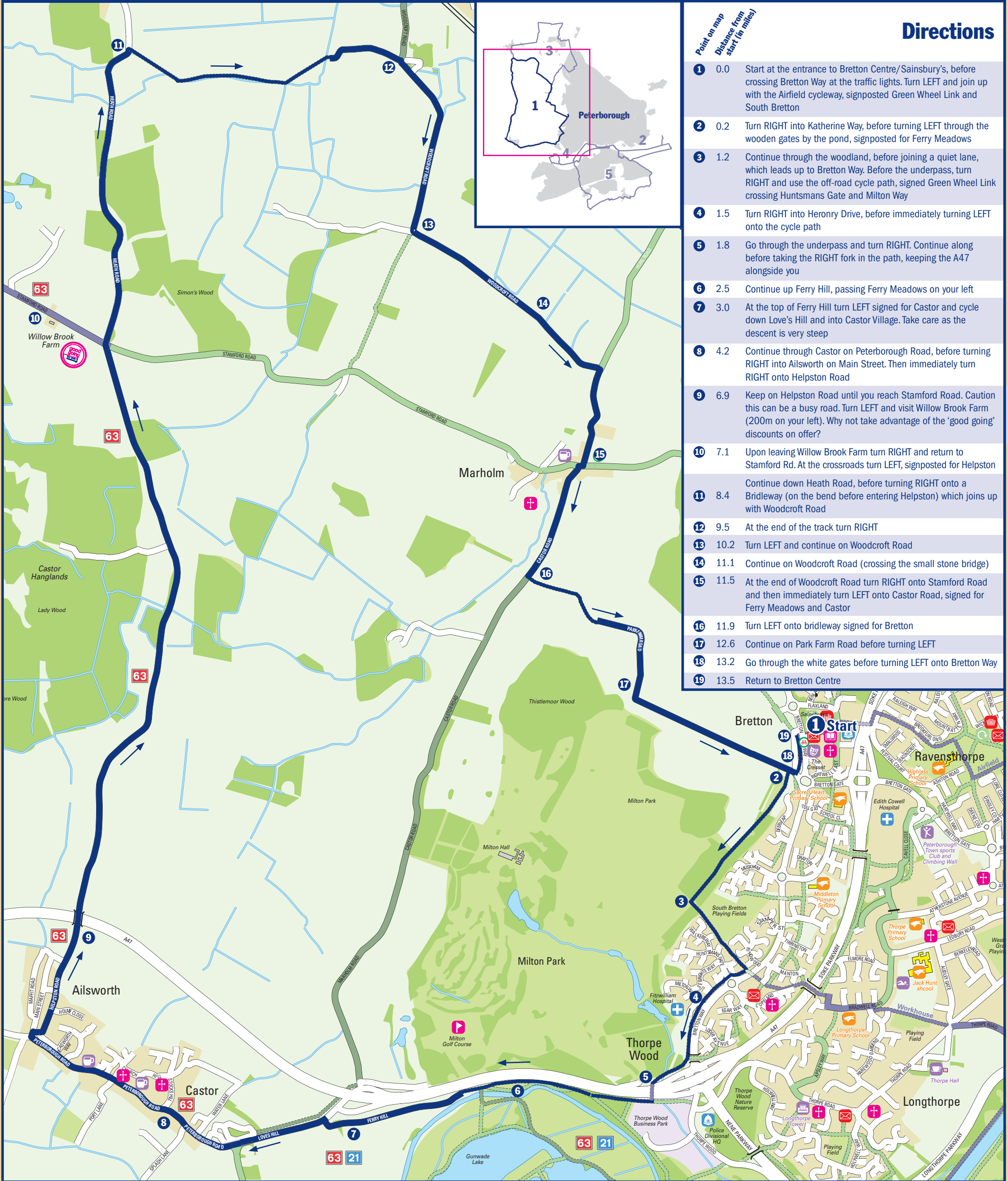


Route 1 The Nassaburgh Trail

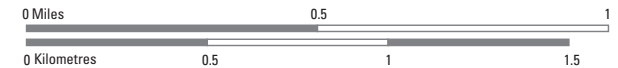
13.5 miles / 22km Approx. 1hr 45mins



Point on map	Distance from start (in miles)	Directions
1	0.0	Start at the entrance to Bretton Centre/Sainsbury's, before crossing Bretton Way at the traffic lights. Turn LEFT and join up with the Airfield cycleway, signposted Green Wheel Link and South Bretton
2	0.2	Turn RIGHT into Katherine Way, before turning LEFT through the wooden gates by the pond, signposted for Ferry Meadows
3	1.2	Continue through the woodland, before joining a quiet lane, which leads up to Bretton Way. Before the underpass, turn RIGHT and use the off-road cycle path, signed Green Wheel Link crossing Huntsmans Gate and Milton Way
4	1.5	Turn RIGHT into Heronry Drive, before immediately turning LEFT onto the cycle path
5	1.8	Go through the underpass and turn RIGHT. Continue along before taking the RIGHT fork in the path, keeping the A47 alongside you
6	2.5	Continue up Ferry Hill, passing Ferry Meadows on your left
7	3.0	At the top of Ferry Hill turn LEFT signed for Castor and cycle down Love's Hill and into Castor Village. Take care as the descent is very steep
8	4.2	Continue through Castor on Peterborough Road, before turning RIGHT into Ailsworth on Main Street. Then immediately turn RIGHT onto Helpston Road
9	6.9	Keep on Helpston Road until you reach Stamford Road. Caution this can be a busy road. Turn LEFT and visit Willow Brook Farm (200m on your left). Why not take advantage of the 'good going' discounts on offer?
10	7.1	Upon leaving Willow Brook Farm turn RIGHT and return to Stamford Rd. At the crossroads turn LEFT, signposted for Helpston
11	8.4	Continue down Heath Road, before turning RIGHT onto a Bridleway (on the bend before entering Helpston) which joins up with Woodcroft Road
12	9.5	At the end of the track turn RIGHT
13	10.2	Turn LEFT and continue on Woodcroft Road
14	11.1	Continue on Woodcroft Road (crossing the small stone bridge)
15	11.5	At the end of Woodcroft Road turn RIGHT onto Stamford Road and then immediately turn LEFT onto Castor Road, signed for Ferry Meadows and Castor
16	11.9	Turn LEFT onto bridleway signed for Bretton
17	12.6	Continue on Park Farm Road before turning LEFT
18	13.2	Go through the white gates before turning LEFT onto Bretton Way
19	13.5	Return to Bretton Centre

Key

- Featured cycle route on-road
- Featured cycle route off-road
- Advisory on-road cycle route
- Advisory off-road cycle route
- Green Wheel on-road cycle route
- Green Wheel off-road cycle route
- Named/Numbered on-road cycle route
- Named/Numbered off-road cycle route
- Subway on an advisory off-road route
- Subway on a named/numbered off-road route
- Road closed to traffic except cycles
- National/Regional Cycle Network route number
- Featured attraction participating in 'good going' scheme
- Signalled crossing
- Shopping Centre
- Leisure or Sports
- Heritage
- Swimming Pool
- Café
- Post Office
- Library
- Police Station
- Hospital
- School



- Recycling Centre
- Golf Course
- Church
- Public house

