

# Miles Better

**COMPETITION**

Your <b>TRAVELCHOICE</b> in Peterborough	public transport
	walking
	cycling
	innovation
	information

**PETERBOROUGH**  
  
**CITY COUNCIL**

# Miles Better

## Teacher's Guidance Notes

### Resources:

- 1 Miles Better map
- Class set of pupil record cards
- Class set of stickers (max 5 per pupil)

### Aim:

Starting in Peterborough, colour in a footprint in a anti-clockwise direction around the map every time a pupil travels to school by foot, cycle, public transport, car sharing or uses a Park and Stride site. The aim is to get round the map and back to Peterborough in one week. The winning class and school will be those that colour in the most footprints per pupil. Any classes that colour in all the footprints by the end of the week will be entered into a prize draw.

### The competition:

- 1** Write the name of the school, the class and the number of pupils in your class on the bottom of your map. Put the poster up in a prominent place on the classroom wall.
- 2** Give each pupil a record card and ask them to write their name, class and school on the front.
- 3** Explain to the class the following:
  - That each time they walk, cycle, catch the bus, car share or use the Park and Stride site, they will get a sticker.
  - They can colour one footstep on the poster for every sticker earned that day.
  - Pupils who live too far away to walk to school can park in a socially acceptable place and walk the last 5-10 minutes of the journey. For ease of monitoring, count the use of the Park and Stride as walking.
- 4** Each day during the competition, give out stickers to pupils that travelled in a sustainable way. Pupils put the sticker in their pupil record card.
- 5** Children can colour in one footstep on the map for every sticker they receive. If, at the end of the competition, you have coloured in all footprints on the map, write the extra number of footprints on the bottom.
- 6** Complete the section at the bottom of the map. Give this section to the school's Miles Better coordinator.
- 7** Collect in all pupil record cards that have five stickers on them (i.e. a full card) and hand to the Miles Better coordinator. They will be entered into a Travelchoice raffle.