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For most people, an 18 birthday is a time for celebration and looking forward to new found independence although the average person will continue to live at home, supported by their family until around 27 years of age.

From 1 April 2018 there will be the option for any young person who has had a service from the leaving care team to get back in touch with the team to request further support. This is available at any point until the age of 25.

Stepping out into the world isn't easy, but with support from the community, it doesn't have to be difficult – the resources below contain useful information about what it really means to be a care leaver, and how you can help to support them at a crucial period in their lives.



[Children in Care pledge poster \(https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/ChildrenInCarePledgePoster2018.pdf?inline=true\)](https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/ChildrenInCarePledgePoster2018.pdf?inline=true)
Size: 605.81 KB File format: pdf

- > [Cambridgeshire Film Consortium - Finding My Way \(https://www.youtube.com/watch?v=L1qZggHoFmM\)](https://www.youtube.com/watch?v=L1qZggHoFmM)
- > [Children's Commissioner- What are my rights and entitlements as a care leaver? \(https://www.childrenscommissioner.gov.uk/help-at-hand/leaving-care-your-rights/\)](https://www.childrenscommissioner.gov.uk/help-at-hand/leaving-care-your-rights/)
- > [Children and Young People Now - Care leavers in custody \(http://www.cypnow.co.uk/cyp/news/1154113/one-in-three-young-people-in-custody-are-in-care-system\)](http://www.cypnow.co.uk/cyp/news/1154113/one-in-three-young-people-in-custody-are-in-care-system)
- > [Fixers UK - Care leavers speak out \(https://www.youtube.com/watch?v=0Bo26NoEebc\)](https://www.youtube.com/watch?v=0Bo26NoEebc)

We provide a service to young people aged from 16 up to 25 leaving care in Peterborough. If you wish to speak with our Leaving Care Team please call 01733 864371.



[Leaving care guide \(https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/PCCCareLeaversGuide2017.pdf?inline=true\)](https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/PCCCareLeaversGuide2017.pdf?inline=true)
Size: 1.58 MB File format: pdf

We will help you to prepare for adult life and will offer you support at least until you reach your 21st birthday, or longer if you can identify further areas where you would like support.

- > we believe that you should be given the opportunity to develop your full potential and have high hopes for the future. We will encourage you to live a healthy life style and will treat you with respect and dignity
- > we will provide services, and work in partnership with other agencies, that will meet your individual needs and offer you choice, support, accommodation, access to benefits, enable educational achievement, find employment, help with CV's and Job applications
- > we will support you throughout your journey to adulthood and enable you to make informed decisions for your future.



[Local Offer for Care Leavers \(https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/PCCLocalOfferForCareLeavers-Sept2019.pdf?inline=true\)](https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/files/social-care/PCCLocalOfferForCareLeavers-Sept2019.pdf?inline=true)
Size: 973.18 KB File format: pdf